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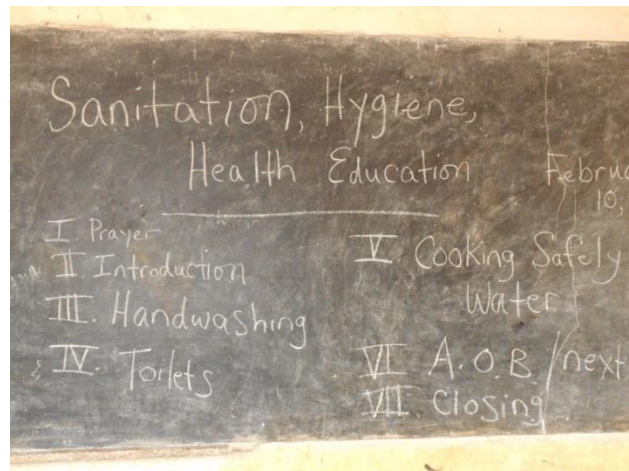
SSAAP Sanitation and Hygiene Workshops



Back by popular demand in the villages, post-Ebola, are the SSAAP Sanitation and Hygiene Workshops, which the people of Njagbahun Village requested.

I am a CNA, or Certified Nurse's Aide, in America. This is the lowest qualification of nursing in the U.S.A., and I was shocked/saddened to learn that the American CNA is still higher than the highest nurses' rank of nursing in Sierra Leone. In other words, America's lowest tier of nursing is still above Sierra Leone's highest tier of nursing. Hence the reason why Ebola spread like wildfire through this nation of the world in 2014/2015.

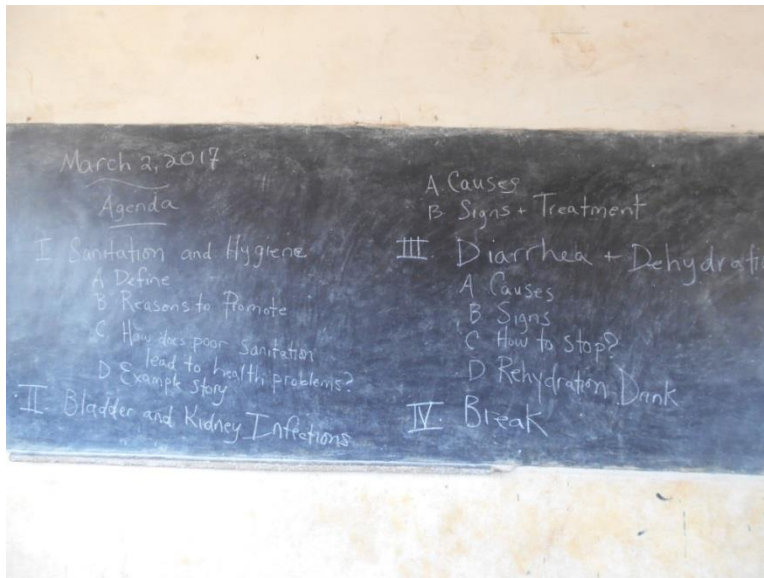
Nursing qualifications aside, I have always had burning intrigue with tropical and infectious diseases, and *love* both teaching and learning from Africans, specifically in rural areas, about their traditional beliefs surrounding many of these illnesses – specifically malaria, HIV and AIDS, and STD/STI's.



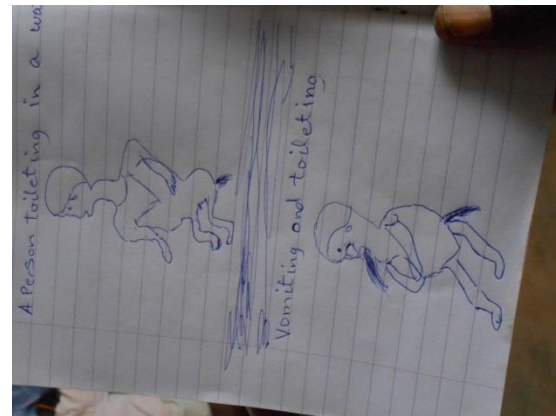
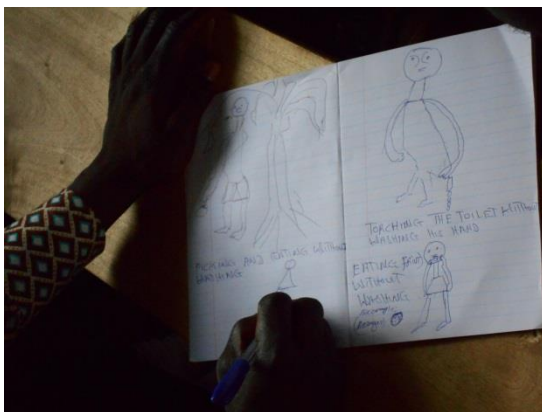


I teach the community simple skills I learned in my CNA training regarding hand-washing: cleaning the nailbeds on the center of the opposite palm, washing between fingers, washing the wrists and even up to the mid-elbow point with lathered soap. If soap is unavailable, then both ash from a fire [fire made with firewood, not charcoal] or dirt from the ground [not contaminated with animal/human feces] works somewhat as effectively.

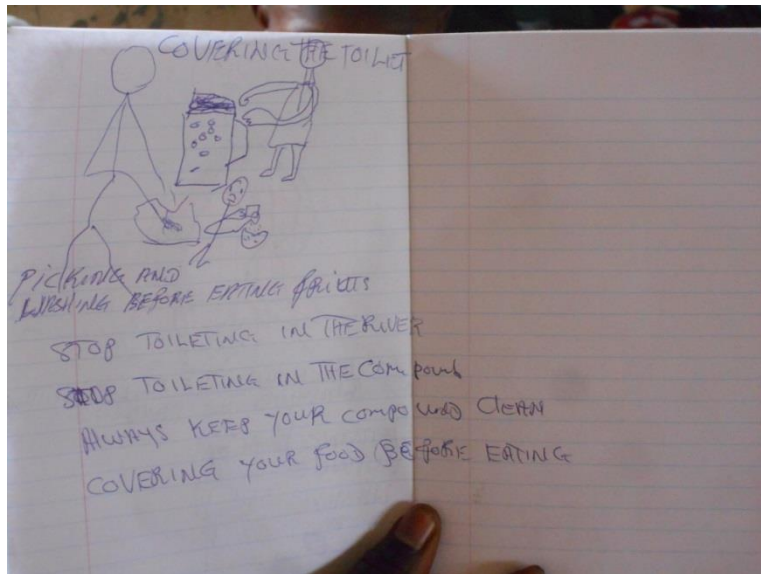




In another session, we discussed side-effects of poor sanitation and hygiene: diarrhea and infections.



We did a lot of group work, laughed a ton, and had a heap of fun.



SSAAP will be working with Njagbahun Community in the future to construct a toilet for the school, as per its sanitation and hygiene cleanliness mission.

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